

Government of Odisha

Department of Women & Child Development

No. WCD-ICDS-N-SCHM-0023-2023/ 12407 WCD, Dt. 03.06.2026

From

Sri N.C. Jyoti Ranjan Nayak, OAS(SAG)

Additional Secretary to Govt.

To

All Collectors

Sub: Revision of Morning Snacks provided under Supplementary Nutrition Programme (SNP) - reg.

Ref: This Department letter No.13728 dated 03.08.2018.

Madam/Sir,

In partial modification to this Department letter under reference, on the subject cited above, I am directed to say that the cost norms and menu for morning snacks for children in the age group of 3-6 years have been revised and the revised guideline is enclosed herewith for taking necessary action. This shall come into force with effect from **01.07.2026**. Necessary awareness and orientation should be created among all ICDS field functionaries and Anganwadi Workers.

You are therefore requested to issue suitable instructions to all ICDS field functionaries to follow the revised guidelines scrupulously and ensure smooth implementation of the scheme.

Yours faithfully,



Additional Secretary to Govt.

Memo No. 12408 /WCD, Date. 03.06.2026

Copy forwarded to all DSWOs/ all CDPOs for information and necessary action.



Additional Secretary to Govt.

Guideline for Provision of Cooked Morning Snacks to Children (3-6 Years) Attending Anganwadi Centres

1. Background

The existing morning snack menu for children aged 3-6 years attending Anganwadi Centres (AWCs) was formulated in 2018 and has remained unchanged since then. Over time, there has been a growing need to improve the dietary diversity, palatability and nutritional adequacy of supplementary nutrition provided at AWCs, particularly to support the growth and developmental needs of young children.

In order to strengthen the quality of nutrition, improve regular attendance of children at AWCs and ensure higher intake of calories and proteins, it has been decided to revise the existing menu and introduce cooked morning snacks on select days of the week. The revised approach emphasizes freshly prepared, nutrient-dense food items while retaining simple, locally acceptable preparations.

2. Revision of Cost Norms

At present, morning snacks are provided at the rate of Rs. 1.24 per child per day, which limits the scope for diversification and provision of cooked food items. Under the revised guidelines, the average cost of morning snacks has been enhanced to Rs. 3.56 per child per day to enable preparation of cooked items with improved nutritional value.

The revised cost norms have been worked out keeping in view prevailing market rates of raw materials, enhanced quantities of food items and the need to ensure adequate calorie and protein intake for children in the 3-6 years age group.

Summary of revised cost norms

Sl. No.	Entitlement	Previous ration cost/day (Rs.)	Revised ration cost/day (Rs.)
1	Morning Snacks	1.24	3.56
2	Additional ration cost per beneficiary per day	-	2.32

3. Revised Recipes

- Under the revised framework, morning snacks shall be provided for six days a week with the following distribution: four days of cooked morning snacks, one day of sprouted moong with condiments and seasonal fruits, and one day of Ragi Ladoo.

- The revised menu, along with indicative quantities of the different commodities, is provided in Annexure-1. All ingredients required for preparation of morning snacks shall be procured by the AWW from the local market as per the prescribed quantity and quality norms.
- The revised menu provides an average of 213.50 kcal and 4.96 g of protein per child per day, which is significantly higher than the existing provision.

4. Financial Revision

- The additional ration cost of Rs. 2.32 per beneficiary per day shall be met from the State support to the ICDS head only. The DSWOs shall ensure that the additional cost is booked under this head and shall conduct surprise field visits to monitor implementation.
- The revised financial norms are considered essential to ensure quality nutrition and effective implementation of cooked morning snacks at Anganwadi Centres.
- The LPG used for preparation of Hot Cooked Meal in the AWCs shall also be used for preparation of morning snacks.

5. Important Quality Parameters

- Morning snacks shall be served as soon as children arrive at the Anganwadi Centre.
- The prescribed menu for morning snacks shall be followed strictly. Supervisors and CDPOs shall ensure compliance during field visits.
- Sprouted moong and seasonal fruits shall be provided to children on the designated day (Friday).
- Seasonal fruits such as banana, papaya, guava, pineapple, watermelon, mango, orange and locally available berries may be provided.
- Moong shall be thoroughly cleaned and washed before sprouting, and all fruits shall be properly washed before serving.
- Due emphasis shall be placed on maintaining the quality of all raw materials. Best-quality raw materials shall be procured at competitive prices, keeping prevailing market rates in view.
- The concerned Jaanch Committee, Mother's Committee and Supervisory Officers shall conduct random quality checks during their visits to AWCs.
- Only sunflower oil or refined oil of reputed brands bearing Agmark or BIS certification shall be used for cooking. Iodised Salt/Double Fortified Salt shall be procured in 1 kg sealed packets with Agmark/BIS certification.
- Procurement of palmolein oil, vanaspati or any non-standard oil is strictly prohibited.
- All food items required for morning snacks shall ordinarily be procured on a weekly basis. However, if any item is not locally available in the AWC area, it may be procured from the nearest market as per need. Vegetables and fruits shall be procured fresh on the day of cooking/serving.

6. Procurement Plan

- The AWW shall procure all items required for morning snacks from the local markets.

- The AWW shall ensure procurement of items of required quantity and specification at the right price in order to ensure timely availability of food supplies for successful implementation of morning snacks.
- Procurement shall be made in a transparent and economical manner, keeping quality, hygiene and local availability in view.

7. Fund Flow Mechanism

- Funds required for morning snacks and hot cooked meal for a quarter shall be transferred in advance to the joint account of the AWWs.
- The Statement of Expenditure (SOE) received from the CDPOs shall be adjusted against subsequent release of funds to the joint account of the AWWs.
- The SOE shall be prepared by the AWW every month, verified by the Supervisor and submitted to the CDPO.
- CDPOs shall ensure timely submission of SOE to DSWOs.
- The AWW shall keep all vouchers, bills and other supporting documents in safe custody and produce the same along with the books of accounts before Supervisors and inspecting officials whenever required.

8. Monitoring, Record Keeping and Compliance

- DSWOs shall monitor implementation of the revised menu and financial norms and ensure that the additional cost is booked correctly.
- CDPOs and Supervisors shall carry out regular field visits to verify quality, quantity, hygienic preparation, prompt service and consumption by children.
- Jaanch Committee and Mother's Committee members shall support local monitoring and record any quality concern during their visits.
- The AWW shall maintain the prescribed records/registers, including stock register, cash memos, menu register and SOE related documents.
- Any deviation from the prescribed menu, procurement norms or quality standards shall be reported immediately and corrective action shall be taken as per rules.

MORNING SNACKS (Children 3 to 6 years)						
Sl. No.	Schedule	Menu	Ingredients	Quantity required (grams)	Calorie/day	Protein/day
1	Monday & Wednesday	Suji Halwa (50g)	Suji	30	210.37	3.9
			Sugar	15		
			Oil	5		
			Cardamom powder	0.04		
2	Tuesday & Thursday	Chuda Upma (50g)	Chuda	25	231.35	5.99
			Potato & Onion	10		
			Groundnut	5		
			Oil & condiments	10		
3	Friday	Sprouted Moong & Banana/seasonal fruits	Moong	25	214.05	7.2
			Chaat Masala & Lemon	10		
			Banana/seasonal fruits	1 piece		
4	Saturday	Ragi & Jaggery Ladoo (2 ladoos/ 45g)	Ragi flour	24	183.49	2.79
			Sesame	2		
			Jaggery	12		
			Refined oil	4		
			Groundnuts	2		
			Cardamom powder	0.08		